



KID FIT STUDY IN HUNTINGTON



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HUNTINGTON, Ind. (Indiana's NewsCenter) - Can good physical fitness make for smarter students?

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A Huntington Elementary Phys-Ed teacher thinks so and she's near the end of her first year, dedicated to proving her theory.

16 students who've had struggles in the classroom were subjected to a before school exercise regimen three times a week at Northwest Elementary, featuring things like riding exercise bikes.

Grades aren't finalized for the school year yet but Erin Holloway has seen the evidence "that it's working."

Elementary Physical Education Teacher Erin Holloway says, "As a whole group, we've showed encouraging results and all the kids have done very well academically and physically."

Indiana's First Lady, Cheri Daniels, has been a big supporter of the pilot program and was on-hand today to observe fitness testing.

Grades will be tracked over three-years to see if the program has merit on a larger scale.

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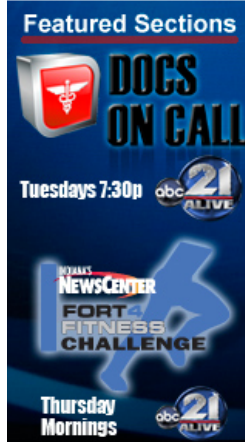
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54 °F
Current Temp

A Few Clouds

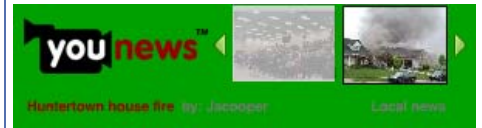
Wind : From the South at 3 MPH
Humidity : 75 %
Pressure : 30.22" (1022.8 mb)



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